

## JANUARY

- 19 Momentum Health Attakwas Extreme, presented by Biogen [www.atta.co.za](http://www.atta.co.za)
- 19/20 Euro Steel Drak Descent [www.drak.co.za](http://www.drak.co.za)
- 19-20 Restonic Twenty Four Hour [www.cycleevents.co.za](http://www.cycleevents.co.za)
- 26 Barberton XCM MTB Challenge <http://barbertonxcm.co.za>
- 26 Porcupine Ridge MTB Challenge [www.franschhoek.org.za](http://www.franschhoek.org.za)

## FEBRUARY

- 2-3 Fairtree Simonsberg Contour MTB Stage Race [www.fairtreecontour.co.za](http://www.fairtreecontour.co.za)
- 2-9 TransCape MTB [www.transcapemb.co.za](http://www.transcapemb.co.za)
- 7-10 Momentum Health Tankwa Trek [www.tankwatrek.co.za](http://www.tankwatrek.co.za)
- 7-10 Prudential PE Plett [www.peplett.co.za](http://www.peplett.co.za)
- 10-11 Lighthouse to Lighthouse MTB <http://gansbaaiinfo.com>
- 16-17 Stanford MTB Classic [www.stanfordmtbclassic.co.za](http://www.stanfordmtbclassic.co.za)
- 20-23 Knysna Bull <https://knysnabull.bike>
- 23 Imbuko Big Five MTB Challenge [www.imbukobigfivemtchallenge.co.za](http://www.imbukobigfivemtchallenge.co.za)
- 15-17 2019 Bridgestone Route 66 MTB Experience [www.route66mtb.co.za](http://www.route66mtb.co.za)
- 16-17 2019 Bridgestone Route 66 Weekend Experience [www.route66mtb.co.za](http://www.route66mtb.co.za)

## MARCH

- 1-3 Darling Hills MTB Challenge <https://darlinghillsmtb.co.za>
- 3-8 Tour de Boland [www.tourdeboland.com](http://www.tourdeboland.com)
- 4-8 Tour of Good Hope [www.tourofgoodhope.co.za](http://www.tourofgoodhope.co.za)
- 8-10 Algarve Bike Challenge [www.algarvebikechallenge.com/en/](http://www.algarvebikechallenge.com/en/)
- 17-24 ABSA Cape Epic [www.cape-epic.com](http://www.cape-epic.com)
- 21-24 3 Mountains Challenge [www.3mountains.co.za](http://www.3mountains.co.za)
- 23 Ride the Karoo [www.ridethekaroo.co.za](http://www.ridethekaroo.co.za)
- 24-25 Route Six 2 Two Trails [www.roag.co.za/eventinfo.aspx?EventID=2091](http://www.roag.co.za/eventinfo.aspx?EventID=2091)
- 29-31 Lord of the Chair Rings <http://stageraces.com/event/lord-of-the-chain-rings/>
- 29-31 Sabie Xperience Mpumalanga <https://sabiexperience.co.za>

## APRIL

- 5-7 Glacier Cradle Traverse [www.cradletraverse.co.za](http://www.cradletraverse.co.za)
- 6-7 Cradle Mountain Trophy [www.mountain-trophy.co.za](http://www.mountain-trophy.co.za)
- 6-7 Cederberg 100 Miler <https://erau64.wixsite.com/cederberg100miler>
- 8 Marriott Freedom Race [www.freedomrace.co.za](http://www.freedomrace.co.za)
- 13-14 Bike Girl 2 Day MTB <http://stageraces.com/event/mtbike-girl-2-day-mtb-tour/>
- 13-15 Cape Winelands Encounter <https://winelandsencounter.co.za>
- 18-21 The Volcat Tour, Spain [www.volcatbtt.com](http://www.volcatbtt.com)



## DARLING BREW

# 2019 STAGE RACE CALENDAR

Here's your 2019 stage race calendar, pull it out, stick it up and scribble on it. All the best with your training and achieving your riding goals. Enjoy! – **THE FULL SUS TEAM**

- 25-27 Trail and Trout MTB [www.trailtrout.co.za](http://www.trailtrout.co.za)
- 26-28 Thirsti Extreme Solo Stage Race [www.thirstiextreme.co.za](http://www.thirstiextreme.co.za)
- 26-28 Thirsti Extreme 130km Stage Race [www.thirstiextremem.co.za](http://www.thirstiextremem.co.za)
- 26 - 4 May Joberg2C <https://joberg2c.co.za>
- 26-28 Trek 2 Teebur [www.petrichoradventures.co.za](http://www.petrichoradventures.co.za)
- 29 - 3 May Bikingman Corsica, France [www.bikingman.com](http://www.bikingman.com)

## MAY

- 2-4 The 2019 Great Kei Trek [www.greatkeitrek.co.za](http://www.greatkeitrek.co.za)
- 3-5 Klein-Aus Vista MTB Challenge, Namibia [www.klein-aus-vista-mtb-challenge.com](http://www.klein-aus-vista-mtb-challenge.com)
- 3-5 Gravel and Grape Extreme <https://gravelandgrape.com/3-day-extreme/>
- 4-5 Gravel and Grape Adventure 2-day <https://gravelandgrape.com/adventure-2-day/>
- 4-5 Gravel and Grape Extreme 2 Day <https://gravelandgrape.com/extreme-2-day/>
- 4-5 Houw Hoek MTB Tour <https://mtb-adventures.co.za>
- 10-12 Croc 2 Croc [www.cycleevents.co.za](http://www.cycleevents.co.za)
- 11-12 Ride the Berg [www.ridetheberg.co.za](http://www.ridetheberg.co.za)
- 14-16 KAP Sani2c Trail <https://sani2c.co.za>
- 15-17 KAP Sani2C Adventure <https://sani2c.co.za>
- 16-18 KAP Sani2C Race <https://sani2c.co.za>
- 17-19 36ONE MTB Challenge [www.the36one.co.za](http://www.the36one.co.za)
- 18-19 Recce MTB Mission [www.reccemission.co.za](http://www.reccemission.co.za)
- 19-24 Windhoek Light Namib Quest, Namibia <http://windhoeklightevents.com>
- 24-26 PWC Great Zuurberg Trek [www.greatzuurbergtrek.co.za](http://www.greatzuurbergtrek.co.za)
- 26 - 1 June Ride the Rail [www.ridetherail.co.za](http://www.ridetherail.co.za)
- 31-2 June 1Zambia MTB, Zambia <https://1zambiamtb.com>
- 31 - 2 June Bezhoek Extreme MTB Festival [www.bezhoekextreme.co.za](http://www.bezhoekextreme.co.za)

## JUNE

- 7-10 Waterberg MTB Encounter [www.encountermtbseries.co.za](http://www.encountermtbseries.co.za)
- 7-9 Kalaharichallenge [www.kalaharichallenge.com](http://www.kalaharichallenge.com)
- 9-15 Transpyr Coast to Coast, Spain [www.transpyr.com](http://www.transpyr.com)

- 11-14 Kilimanjaro 2 Ngorongoro, Tanzania [www.k2nstage.com](http://www.k2nstage.com)
- 12-16 Pondo Pedal <https://pondopedal.com>
- 12-20 Race to Rhodes [www.freedomchallenge.org.za](http://www.freedomchallenge.org.za)
- 14-16 The Greyt Escape [www.thegreytescape.com](http://www.thegreytescape.com)
- 15-16 Fish River Sun MTB Challenge [www.mountainevents.co.za](http://www.mountainevents.co.za)
- 16-22 Freedom Challenge Race Across South Africa <http://freedomchallenge.org.za>

## JULY

- 5-7 Zambezi Cycle Challenge [www.zambezi-cyclechallenge.com](http://www.zambezi-cyclechallenge.com)
- 12-14 Vic Falls MTB Challenge [www.vicfallsmtbchallenge.com](http://www.vicfallsmtbchallenge.com)
- 14-18 2019 Imana Wild Ride [www.imanawildride.co.za](http://www.imanawildride.co.za)
- 15-19 Namib Desert Challenge, Namibia [www.namibdesertchallenge.com](http://www.namibdesertchallenge.com)
- 20-27 Appenninica MTB Stage Race, Italy [www.appenninica-mtb.com](http://www.appenninica-mtb.com)
- 28 - 3 Aug La Leyenda Del Dorago, Columbia <https://en.la-leyenda.com>

## AUGUST

- 8-11 Tour de Tuli <http://tourdewilderness.com>
- 9-11 Storms River Traverse [www.stormsrivertraverse.co.za](http://www.stormsrivertraverse.co.za)
- 17 Staalwater MTB Challenge [www.dirtopia.co.za](http://www.dirtopia.co.za)
- 17-18 The Umko Adventure [www.roag.co.za](http://www.roag.co.za)
- 17-18 Namibia [www.rockandrut.org](http://www.rockandrut.org)
- 15-18 iSimangaliso MTB 4 Day [www.isimangaliso-mtb.co.za](http://www.isimangaliso-mtb.co.za)
- 17-18 Divas 'n Dukes MTB Extravaganza [www.divasndukes.co.za](http://www.divasndukes.co.za)
- 24 Bestmed Cycle 4 Cansa [www.cansalostcity.co.za](http://www.cansalostcity.co.za)
- 30-31 Potberg & De Hoop [www.gardenrouteevents.co.za](http://www.gardenrouteevents.co.za)
- 31 - 1 Sept Greyton MTB Tour <https://mtb-adventures.co.za>

## SEPTEMBER

- 5-7 Namaqua Quest <http://namaquaquest.co.za>
- 5-8 Karoo GravelGrinder [www.mtbafrica.com](http://www.mtbafrica.com)
- 6-8 Ride 2 Nowhere <http://ride2nowhere.co.za>
- 18-19 Lindani MTB Classic [www.lindani.co.za](http://www.lindani.co.za)
- 19-21 Dr. Evil Classic [www.dreivilclassic.com](http://www.dreivilclassic.com)
- 19-28 Rift Valley Odyssey [www.riftvalleyodyssey.com](http://www.riftvalleyodyssey.com)

- 20-21 Homeward Bound Challenge [www.homewardboundchallenge.co.za](http://www.homewardboundchallenge.co.za)
- 20-22 3 Towers <https://3towers.co.za>
- 21-22 Funky Fynbos Mountain Bike Race [www.scuttle.co.za](http://www.scuttle.co.za)
- 21-23 Langeberg Link [www.langeberglinkmtb.com](http://www.langeberglinkmtb.com)
- 21-23 De Hoop Vlei MTB Experience [www.dehoopvleimtb.co.za](http://www.dehoopvleimtb.co.za)
- 23-28 Lesotho Sky <https://lesothosky.com>
- 27-29 Isuzu Mankele 3 Towers Challenge [www.3towers.co.za](http://www.3towers.co.za)
- 27-29 Isuzu Mankele 3 Towers Mncane [www.3towers.co.za](http://www.3towers.co.za)
- 27-29 Lomar Endurance Farm Trail [www.lomarendurance.co.za](http://www.lomarendurance.co.za)
- 28 Varsity MTB Challenge [www.varsitymtbchallenge.co.za](http://www.varsitymtbchallenge.co.za)

## OCTOBER

- 4-6 Berg & Bush Descent [www.bergandbush.co.za](http://www.bergandbush.co.za)
- 4-6 Lomar Endurance Sheep Trail [www.lomarendurance.co.za](http://www.lomarendurance.co.za)
- TBC Combo X MTB <https://mtb-adventures.co.za/events/combo-x>
- 8-10 Berg & Bush Great Trek [www.bergandbush.co.za](http://www.bergandbush.co.za)
- 8-14 Cape Pioneer Trek <http://capepioneer.co.za>
- 10-12 Inyatsi Swazi Frontier [www.swazifrontier.co.sz](http://www.swazifrontier.co.sz)
- 11-13 Eselfontein MTB Stage Race [www.eselfontein.co.za](http://www.eselfontein.co.za)
- 12-13 Berg & Bush 2 Day [www.bergandbush.co.za](http://www.bergandbush.co.za)
- 12-13 Bittersweet MTB Challenge [www.roag.co.za](http://www.roag.co.za)
- TBC The U MTB Stage Race [www.piketbobergtrails.com](http://www.piketbobergtrails.com)
- 22-25 Wild Corridor [www.wildcorridor.co.za](http://www.wildcorridor.co.za)
- TBC FNB Wines 2 Whales [www.wines2whales.co.za](http://www.wines2whales.co.za)

## NOVEMBER

- TBC The Munga <https://themunga.com>
- TBC Origin of Trails [www.stillwatersports.com](http://www.stillwatersports.com)
- TBC The Magalies Adventure [www.magaliesadventure.co.za](http://www.magaliesadventure.co.za)
- 16-17 To Hell and Back [www.tohellandback.co.za](http://www.tohellandback.co.za)

## DECEMBER

- TBC Sondela Stage Race



**DB**  
**DARLING BREW**  
 SLOW BEER  
 SINCE 2010